

PROJECT: _____

AUTHOR: _____

FORM: _____

LENGTH: _____

Today's Project Assessment

Use this exercise sheet to
tune in to your current writing project.

Gather your materials and writing tools in a nice spot, and meditate on what you want to communicate.



Synchronicity:

- What Song Describes this Section?
- Keep Track With A Playlist
- What Movie or Show Might Have Insight to Offer My Project?
- Collect Images That Connect With the Feeling of the Movement of Your Work
- Create a Pin-Board of The Images

THE CURRENT STATE OF MY PROJECT IS :

LOGISTICAL PROGRESS / WHERE'S MY 🧠@ :

EMOTIONAL PROGRESS / WHERE'S MY ❤️@:

MY FOCUS ON MAKING PROGRESS TODAY IS:

HOW I AIM TO SPEND THIS WEEK:

ACCOMPLISHMENT AIMS FOR THIS MONTH:
